

# *BOSNIA AND HERZEGOVINA*



MOTHER CENTER „**PLAMEN**“,  
ZAVIDOVICI,  
BOSNIA AND HERZEGOVINA



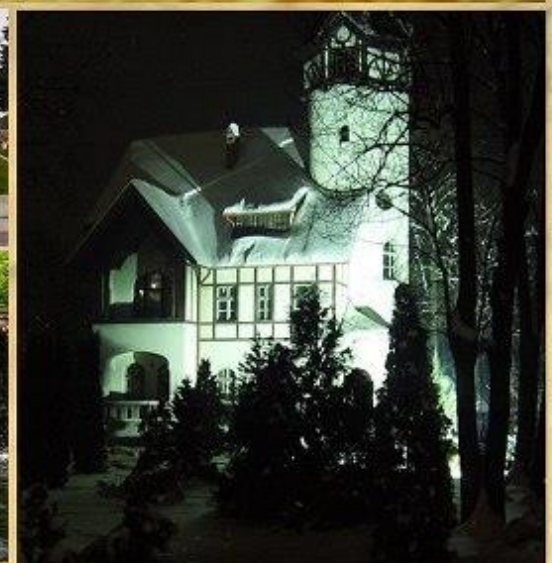
Presented by **Senada Dzankic**,  
President of the MC „Plamen“

# OUR BEAUTIFUL TOWN

Zavidovići



Zavidovići

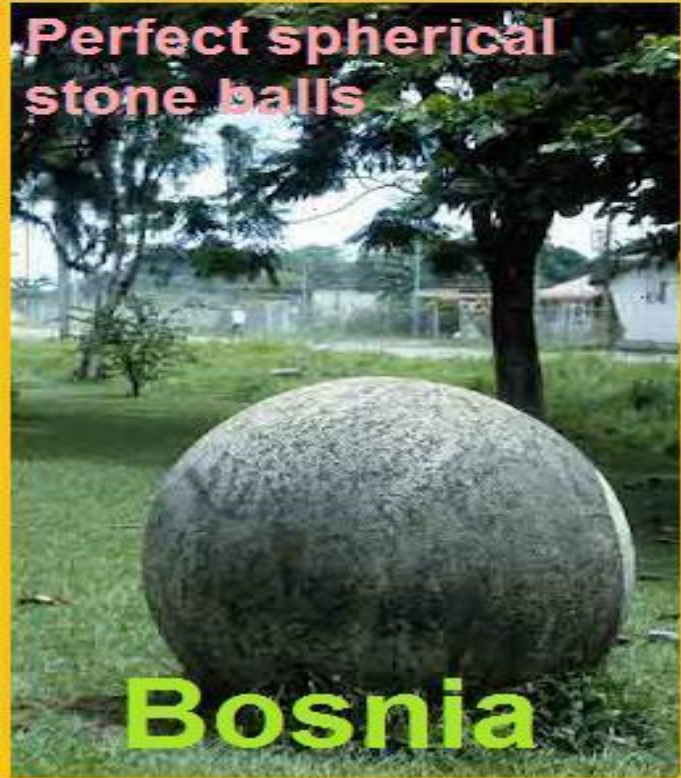


Senad Ćimin Ibrić

# The Stone Spheres of Costa Rica



Perfect spherical stone balls



**Bosnia**



Granite ball  
Teočak **Bosnia**



# BEGINNINGS – OUR STORY - 1999



*One of my first encounters with the Mother Centers in Germany...*

*I look back at this period with such joy and warmth because I was feeling very welcomed and at home there...*



# OUR CENTER TODAY




*Our Center has a perfect location, it is well-known to the citizens of our town, and it is colorful and open for everyone ☺*





# BASIC INFO ABOUT OUR ORGANIZATION

- “Plamen” was founded in 2001;
  - “Plamen” has been a member of Mother Centers International Network for Empowerment “MINE” since 2001;
  - We earned our spot in the Guinness World Records in 2006 with our project “Move the Pram – Move the World”;
  - The mission of our organization is gathering mothers with their children for the purpose of sharing experience and informal education; Improving the lifestyle of the community by providing help for minorities and endangered categories such as single parents, women who suffered any type of violence, elderly, etc;
  - Our goal is organizing creative workshops, seminars, different types of informal education outlets, and providing workshops for different crafts in order to encourage unemployed women to get a basic knowledge of a certain field and provide them with an opportunity to stand better chance while applying for a job;
  - European organization in Bosnia and Herzegovina for the year 2009
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# ACTIVITIES

There are various activities being help on a regularly basis, such as:

❖ *Kindergarten*

❖ *Language Courses*

❖ *Credit Groups*

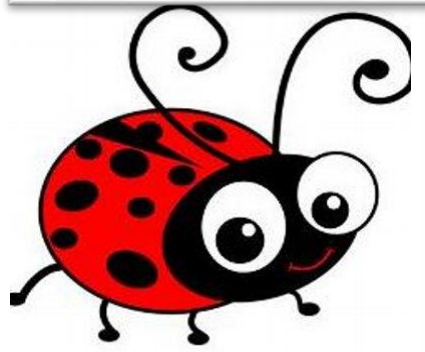
❖ *Hairdresser*

❖ *Winter Stores (Food for winter)*

❖ *Setting Up Cultural Events*



# ACTIVITY: KINDERGARTEN



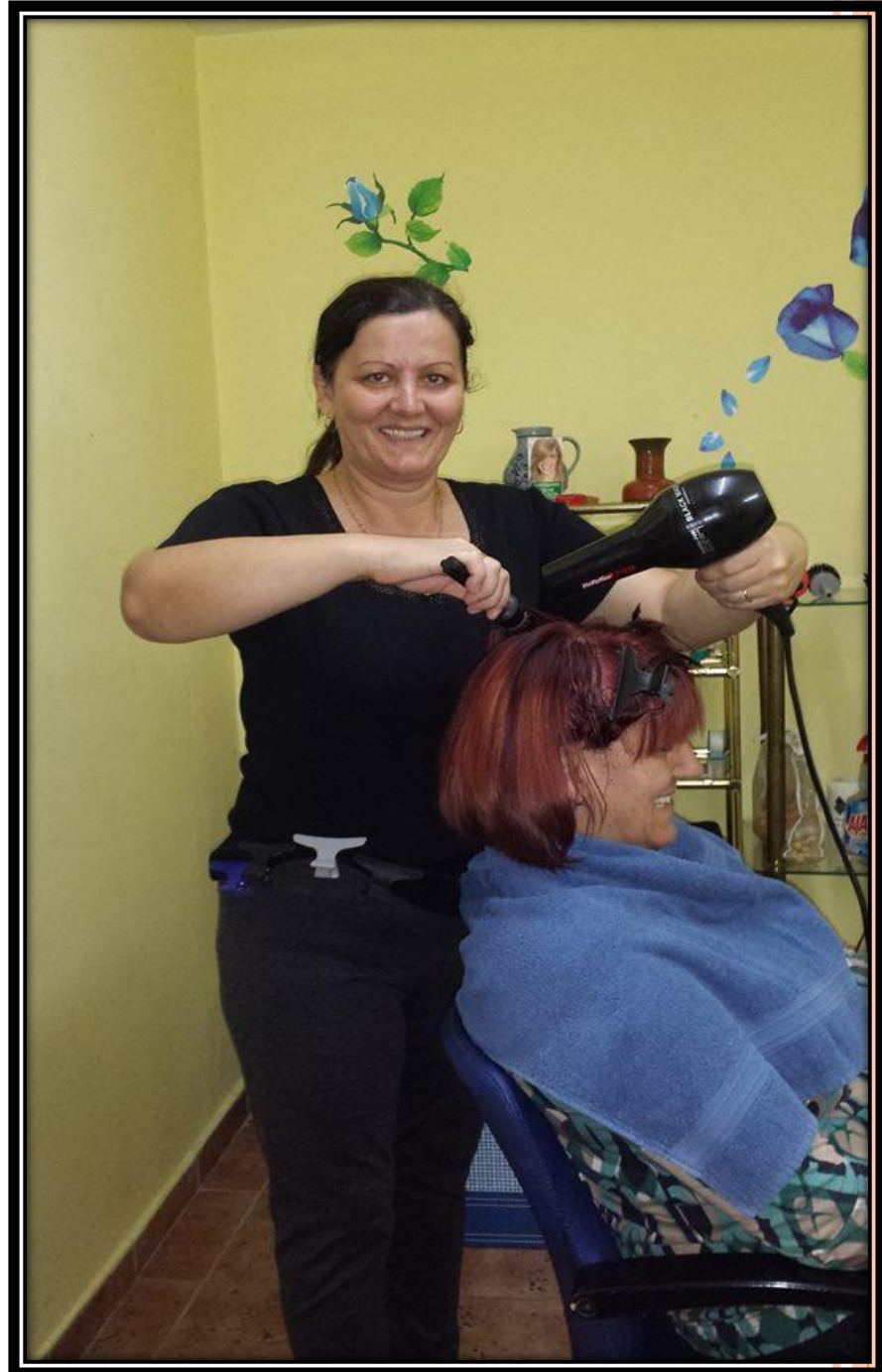
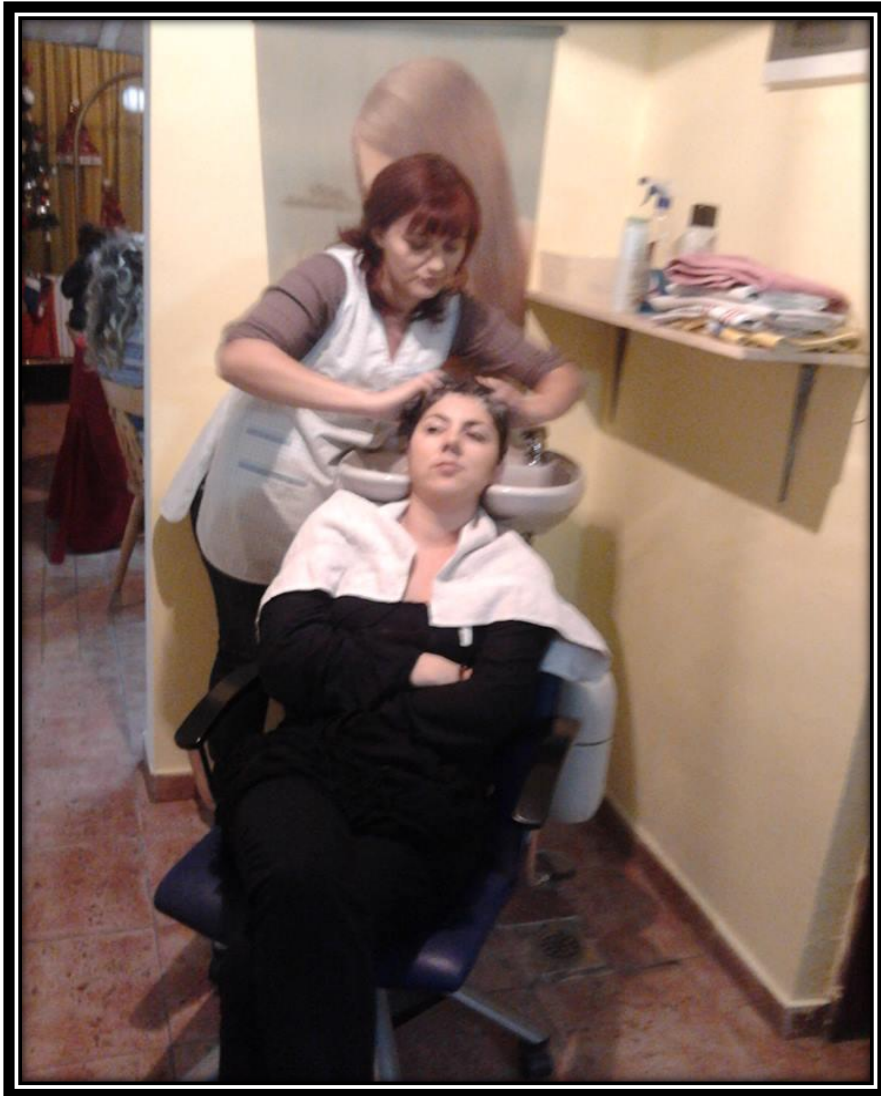
# ACTIVITY: ENGLISH LANGUAGE COURSE



# ACTIVITY: CREDIT GROUPS



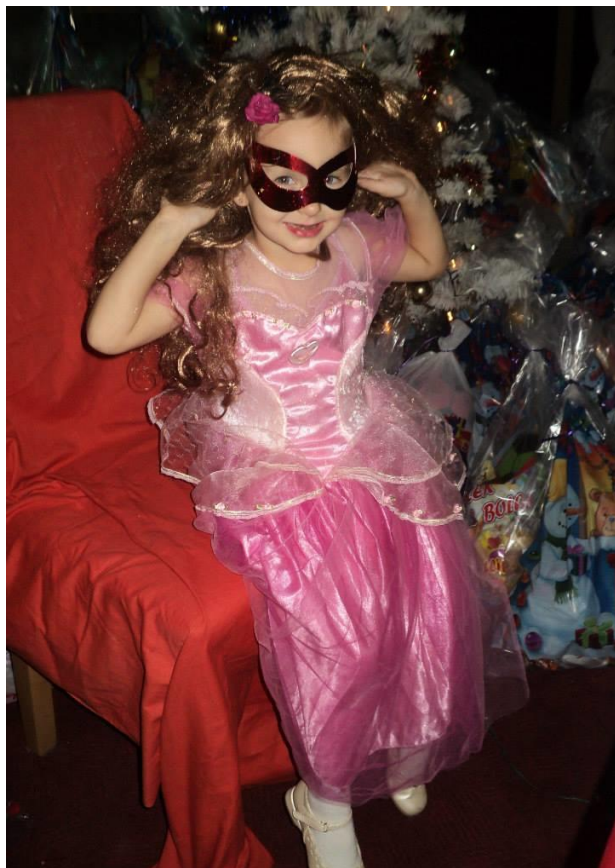
# ACTIVITY: HAIRDRESSER



# MC „PLAMEN“ *FESTIVALS*

Our organization organizes two festivals for children on a yearly basis. Those are:

- ❖ *Costume Ball*, and
- ❖ „*Plesom do snova*“ („*Dance away to your dreams*“).

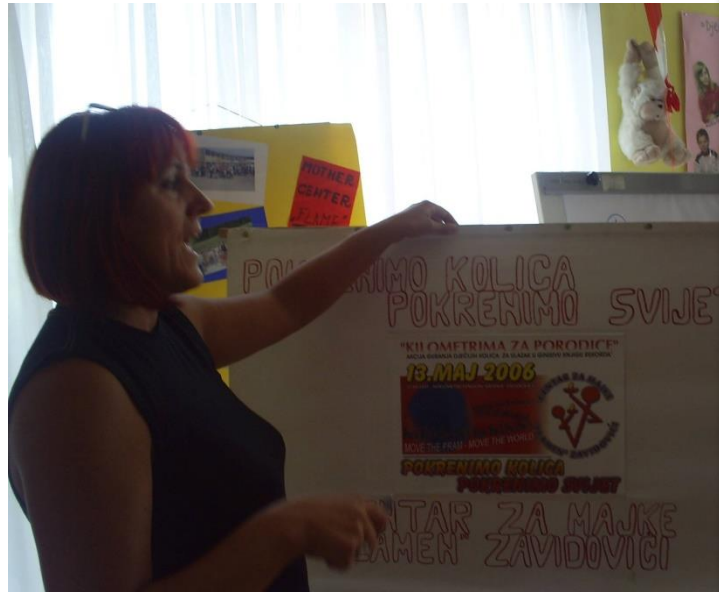


# THE LARGEST COFFEE POT IN THE WORLD





# MOVE THE PRAM— MOVE THE WORLD



...ićima, akcija provedena u 20-ak gradova Evrope

Foto: Predrag PRAŠALO

• S. STRAZA

## Zavidovići doprinijeli obaranju "Ginisa"



# PROJECT: ECONOMICAL EMPOWERMENT OF MARGINALIZED GROUP OF WOMEN



# Drei Mütterzentren in Bosnien

Familienzentrum Freudenstadt setzt sich für ein internationales Hilfsprojekt ein

## The project for the Establishment of three ROMA CM's in Zenica, Vitez, and Visoko

Freudenstadt. Viel haben sich die Mütterzentren im Land und in der Stadt Freudensdorf vorgenommen. Drei Mütterzentren sollen mit deutscher Unterstützung in Bosnien aufgebaut werden.

Fatima Paunovic und Emira Badnjevic aus Bosnien sind in Freudensdorf zu Gast bei Edina Kania, einer in Freudensdorf lebenden Bosnierin, die viel für ihre Landsleute tut. Ihre Reise wurde von MINE e.V. finanziert, dem internationalen Mütterzentren-Netzwerk in München.

Fatima und Emira besuchen Mütterzentren in Baden-Württemberg. Sie wollen die engagierten Frauen selbst kennenlernen, die sich um Hilfe für sie bemühen, und informieren sich nun auch über die Arbeit in den Mütterzentren. Begeis-



deraufgebaut, die Wirtschaft 40 Euro bei einem Durchschnittsverdienst von 150 Euro NE in Deutschland. Mit den Frauen in Bosnien und über den Aufbau v

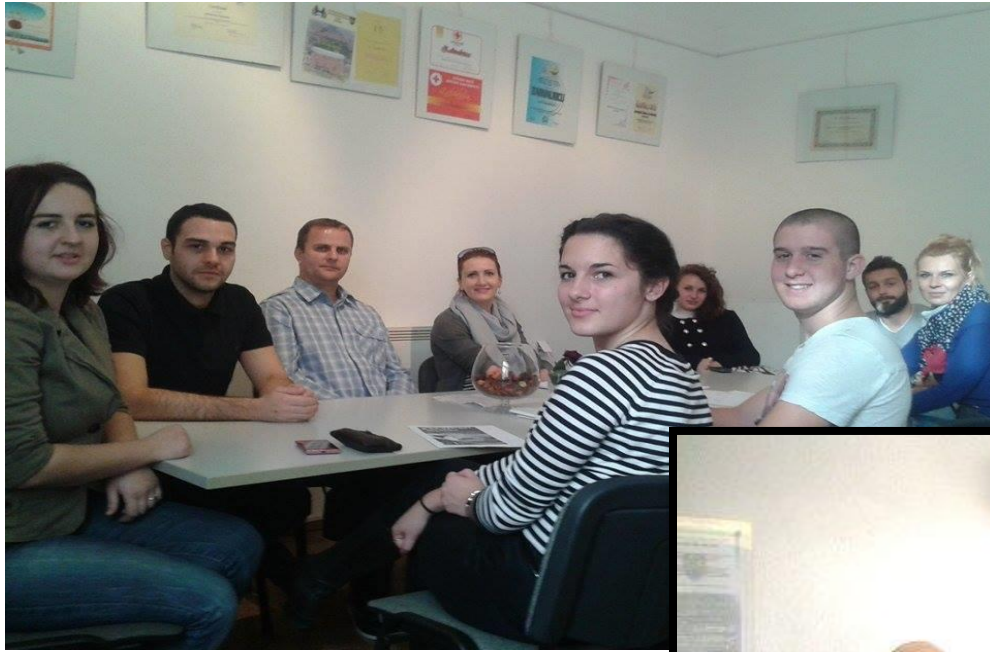




# PROJECT: "START-UP"



# „PLAMEN“ IN SEMINARS & GUEST-STARRINGS



# “PLAMEN” IN HUMANITARIAN ACTIONS









# FOOD FOR WINTER / CHUTNEY (AIVAR)



*Our first step is  
picking the right red  
peppers...*

*After that we take  
them to bake them in  
a bakery or at home...*



It is not an easy task to peel them, but with the right company it is quite pleasurable. We work, talk, laugh, and the peppers seem to be peeling off themselves ...





2008/12/06 07:49

*There are always volunteers to check whether the taste is on point 😊*





*Now we see  
the labors of  
our hard  
work ...*

2008/1



2008/12/14 11:57

*There are already few  
pots missing ...*



*Everyone wants a piece of our chutney ☺*



*We are also quite successful  
with different kinds of  
marmalades*









*Talented hands  
make wonderful  
traditional  
Bosnian  
handicrafts*



# OUR PARTNER-ORGANIZATION “SIGURNO MJESTO”



Balkan regional platform for  
youth participation and dialogue



# EDUCATIONAL WORKSHOPS

## WORKSHOPS FOR PREGNANCY, MOTHERS, AND WOMEN WHO CARE ABOUT REPRODUCTIVE HEALTH



Organize series of expert workshops on crucial topics regarding pregnancy, female and children health and childcare. Expert lecturers were: gynecologist, obstetrician (about childcare and about breastfeeding), pediatrician (about children health), and a physiotherapist (psychophysical preparation of pregnant women for childbirth) ●

# WORKSHOP WITH STUDENTS ABOUT VIOLENCE DOMESTIC, DOMESTIC AGAINST WOMEN AND PEER VIOLENCE



Organize workshops with elementary and high school students, about prevention of peer violence and domestic violence. Contact pedagogues, do workshops in all elementary schools of commune (urban and rural area) and three high schools.

Through this workshop 200 students of primary and secondary schools from the whole municipality were successfully trained.



# WORKSHOP WITH THE RURAL WOMEN

Educational workshops on violence prevention for parents of preschool and school age children.

There were workshops with different groups of parents, in urban and rural area. These workshops were conducted by two pre-school teachers, also members of ***Sigurno mjesto***.



# NETWORKING WITH OTHER ORGANIZATIONS



*Our Association in cooperation with the Association of DHD (benevolence, humanity, generosity), visited Mrs. Mubera K. (36 years old) who lives in very difficult conditions with her nine-month baby, and we have offered assistance and support to them. Members of our association have been collecting food aid, footwear, tools, clothes and money for the mother and baby. Mubera otherwise is a victim of domestic violence.*



*Sigurno mjesto was engaged by the Children's humanitarian organization World Vision to do a workshop about domestic violence and peer violence with parents of children who visit the Association as well as with a group of young people who are activists in the association.*



# ECONOMIC AND SOCIAL EMPOWERMENT *CREATIVE WORKSHOPS*

To organize gathering of women who will be educated about various new and creative ways to make handmade items - knitted, crocheted clothing and accessories, different decorations etc. Develop new skills for women attending the courses, which they can use in their household and to potentially improve their financial situation. The workshops will be implemented in the Association premises, with women from urban and suburban area.





# *FOODIES*



*Great cooks*



# FAIRS



THE FAIR OF LOCAL PRODUCTS in the area of the New town market. **Sigurno mjesto** presented products which were made by women in creative workshops.





Organize ad-hoc cooking activity when there is an opportunity. This is a promotional activity for the Association and it serves as an outreach to potential and current partners.

In the premises of the Association, in the art of cooking, competed our members Dijana . This is one TV show "Table for Four , " which was produced by OBN TV.





We love to cook, and we  
certainly love  
to eat 😊





***Who's hungry  
?***



THANK YOU FOR YOUR ATTENTION

